

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| |  | | --- | |  | | 11:07 AM (3 h) |  |  |
| |  | | --- | |  | | | |  |

'Auto Accident Specialist, Spinal Rehab and Wellness Care'

'The preservation of health is easier than the cure of disease.'- B.J. Palmer

 Here at Postural Chiropractic, we customize every individual care plan to meet your needs. The key is to identify the root cause of your health issue/s your facing, not to put a “band-aid on it” (masking the symptoms), and send you on your way. We will take the time to address your concerns so you feel confident when leaving the office.

The Chiropractic adjustment is a means to restore proper posture and relieve

nerve interference within the nervous and

musculoskeletal system. Relieving nerve interference can help with neck pain, back pain, sciatica, sleep disturbance, breathing difficulties such as asthma, ear infections, bed-wetting, sports-related injuries, automobile injuries, slip- -and-fall injuries, migraines, dizziness, fatigue, mental clarity (brain fog), chemical, physical and emotional stress, depression, anxiety (to name a few).

 My name is Dr. Evan P. Welfare, DC. I am a Board Certified

 Chiropractic Physician in the state of Florida, with an emphasis on

 musculoskeletal spinal disorders and postural correction. I will take a thorough case history and go over a report of findings with you in order to determine the best care plan for you as an individual. My approach is designed to meet your needs through a number of services: Chiropractic manipulation, myofascial release, mechanical traction and rehabilitative

techniques.

Dr. Welfare is a graduate of Life University College of Chiropractic

 in Marietta, Ga. He completed his Doctor of Chiropractic degree in September

 of 2015, and currently practices in the Orange Park, FL area. Dr. Welfare has

 an evidence-based practice that utilizes the latest research in

 biomechanics, nutrition, rehabilitation, and treatment protocols. He

 combines this unique skill set to provide the highest quality of care

 for his patients.

Bachelor of Arts in English at The Florida State University Class of 2005

Doctor of Chiropractic at Life University Class of 2015

Years Practicing: 7